**John Coan, M.Ed., DCEP, EEM-CP**

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**Client Agreement & Disclosure Statement**

Thank you for your interest in engaging the services of John Coan. He is providing you with the following information so you can make an informed choice about your decision to engage his services. Please read this information carefully and let John Coan know if there is any part you do not understand.

**1. Services Offered**

In his Integrative Energy practice, John Coan works with clients in a number of areas, including energy balancing for health and well-being, stress management, life transitions, and the challenges of dealing with illnesses or injuries. His intent is to support clients in developing and stabilizing new energy habits and releasing negative thoughts, limiting beliefs, and mental and emotional obstacles that may be interfering with the client’s ability to experience well-being. His services are designed to empower his clients to be an active participant in their own health. He offers several innovative energy-based approaches within the field of Complementary and Alternative Medicine, including ***Eden Energy Medicine (EEM), Chakra Balancing, Thought Field Therapy (TFT), Emotional Freedom Techniques (EFT),*** and ***Matrix Reimprinting,*** (collectively the “Energy Methods”). John Coan may also, depending on the client’s comfort level, offer additional energy-oriented techniques, if he feels that they would be helpful. Please be advised you have the option of using individually or collectively any of the Energy Methods offered by John Coan as part of your work with him.

**2. Energy Methods/Theoretical Approaches**

Energy Methods is a collective term used to refer to a variety of energy healing techniques, processes, and methods based on the use and modification of energy fields. The Energy Methods are designed to assess where the body’s energies are blocked or not in harmony and then unblock and balance the flow of these energies; thereby aligning the body’s energies to boost health and vitality. The Energy Methods can also assess the energetic impact of how thoughts, beliefs, and emotions can influence the health and well-being of an individual. The prevailing premise of the Energy Methods is that the flow and balance of the body’s electromagnetic and more subtle energies are important for physical, mental, emotional, and spiritual health, and for fostering well-being. For more information about the specific Energy Methods John Coan offers in his practice, please review the ***Additional Client Information/Office Policies and Procedures*** document which is attached hereto and made part of this Client Agreement & Disclosure Statement.

Although the Energy Methods appear to have promising mental, emotional, spiritual, and physical health benefits and there is a growing amount of scientific research indicating that EFT and TFT are effective evidence-supported techniques, especially for managing stress, they have yet to be fully researched by the Western academic, medical, and psychological communities. Therefore, the Energy Methods are considered experimental and the extent of their effectiveness, as well as their risk and benefits, are not fully known. Please be advised the Energy Methods are self-regulated and the Commonwealth of Massachusetts does not license practitioners of the Energy Methods and considers them to be *alternative* or *complementary* healing approaches. If you ever have questions or concerns about the nature of the theories and methods John Coan uses, please feel free to ask him for further resources or references.

**3. Nature of the Relationship**

***While John Coan is a Licensed Mental Health Counselor in the Commonwealth of Massachusetts, you understand he is only providing his services as an Integrative Energy Practitioner. The services he provides are complementary or alternative to the services provided by health care practitioners licensed by the Commonwealth of Massachusetts. By signing this document, you understand your relationship with John Coan is not to be construed as psychotherapy, psychological counseling, medical treatment, or any type of therapy.***

In addition, you understand as a practitioner of the Energy Methods, John Coan does not provide any medical, psychological, or any other licensed health care advice, opinion, or service and does not diagnose, treat, or cure any disease, condition, or other physical or mental ailment. Also, although Eden Energy Medicine uses the term “medicine” and the Energy Methods are intended for “healing”, it is not to be construed that the use of the Energy Methods is the practice of medicine, psychotherapy, or other licensed health care practice. Rather John Coan offers his services to clients with the intention to assist them in restoring balance and energetic flow in the body; thereby, creating the opportunity for the mind/body to heal naturally. You understand there is a distinction between “healing” using the Energy Methods and the practice of any licensed health care practice.

**4. Limitations of the Practice**

You understand the services John Coan offers and the use of the Energy Methods are ***not*** intended to be a substitute for medical or psychological diagnosis or treatment and they do not replace the services of health care professionals. You agree and understand it is your responsibility to consult with your health care provider for any specific health care problems. Further, you understand that any information shared during a session is not to be considered a recommendation that you stop seeing any of your health care professionals or using prescribed medication, if any, without consulting with your health care professional, even if after working together it appears and indicates that such medication or treatment is unnecessary.

**5. Outcome Expectations/Risks and Benefits**

While clients report positive outcomes, please note that it’s not possible to guarantee any specific results and it’s unknown how you will respond to using the Energy Methods. However, John Coan will work to achieve the best possible results for you. Participation in sessions can result in a number of benefits to you, including improved health and well-being and resolution of the specific concerns that led you to seek consultation for yourself.

Although the Energy Methods are considered gentle and non-invasive, it’s possible in your session(s), or on your own between sessions, to experience some physical discomfort or emotional distress that can be perceived as negative. It’s also possible to experience some emotional distress and physical discomfort related to stressful or overwhelming experiences you may have had earlier in your life. Unresolved memories may also surface and emotional material may continue to surface after a session and give indication of other issues or incidents that may need to be addressed. Occasionally, some people have experienced dizziness, nausea, or anxiousness as occasional side-effects from energy work. You agree to promptly inform John Coan if you experience any emotional distress and/or physical discomfort during a session or between sessions. If appropriate, he can help refer you to an appropriate professional health care provider for further assistance.

**6. Use of Healing Touch**

Some of the Energy Methods John Coan uses involve tapping or touching on various points on the face and body. The theory behind such tapping or touching is that these points can assist him and you in shifting imbalances in your energies. If you have any reservations about physical touching as described above, please let John Coan know. You understand you have a choice about techniques like Eden Energy Medicine that involve touch.

**Acknowledgment and Consent to Receive Services**

By signing this document, you agree that John Coan has disclosed to you sufficient information to enable you to decide to engage or not engage his services. You have considered all of the above information and the attached ***Additional Client Information/Office Policies & Procedures*** document and have obtained whatever information or professional advice you deem necessary to make an informed decision. You understand that your consent to the nature of your session(s) is given voluntarily, without coercion, and may be withdrawn at any time in the future. You represent that you are competent and able to understand the nature and consequences of the proposed session(s) and agree to be personally responsible for the fees related thereto.

You have discussed with John Coan the nature of the services to be provided and you understand he is offering his services solely as an Integrative Energy Practitioner and your relationship with him is not to be construed as medical treatment, psychotherapy, psychological counseling, or any other type of therapy, nor is it a substitute for these services. Further you understand the Energy Methods are relatively new healing approaches and the extent of their effectiveness, as well as their risks and benefits are not fully known. Therefore, you agree to assume and accept full responsibility for any and all risks associated with using the Energy Methods. Further, you agree and understand that this Client Agreement & Disclosure Statement is intended to be a complete unconditional release of liability and assumption of risk to the greatest extent permitted by law.

Any and all matters in dispute between the parties to this Client Agreement & Disclosure Statement, whether arising from or relating to this Client Agreement & Disclosure Statement itself, or arising from alleged extra-contractual facts prior to, during, or subsequent to this Client Agreement & Disclosure Statement, including, without limitation, fraud, misrepresentation, negligence or any other alleged tort or violation of the contract, shall be governed by, construed, and enforced in accordance with the laws of Commonwealth of Massachusetts, without regard to conflicts of law doctrines and regardless of the legal theory upon which such matter is asserted. This Client Agreement & Disclosure Statement shall be binding upon you and your heirs, legal representatives, and assigns.

By signing in the space provided below, you knowingly, voluntarily, and intelligently assume these risks and agree to irrevocably release, indemnify, hold harmless and defend John Coan, his employees, agents, representatives, and consultants from and against any and all claims of whatsoever kind or nature, which you, or your representatives, may have for any loss, damage, or injury, including without limitation, physical, emotional, mental, financial, legal, or personal arising out of or in connection with your session(s).

Signed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Client

Print Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I am the parent or legal guardian of the above-named minor, and I consent to and join in this Client Agreement & Disclosure Statement on behalf of said minor.

Signed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Print Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Legal Guardian